



## The COVID-19 Pandemic: Supporting Healthcare, First Responders & Frontline Workers

[Friday, September 11th @ 1:00 PM](#) OR [Thursday, September 17th @ 1:00 PM](#)

**Program Description:** First responders, hospital and healthcare workers, and others on the frontlines of the COVID-19 pandemic are exposed to unique stressors and a potentially overwhelming demand for their assistance. In addition to extreme levels of operational and traumatic stress, these workers face the risk of moral injury and compassion fatigue.

This 90-minute program will introduce the various types of stress associated with a major public health crisis, as well as useful strategies and techniques for coping that can be applied within recognized crisis intervention frameworks, such as Critical Incident Stress Management (CISM) and FEMA's Crisis Counseling Program.



A brief Q&A period will follow. This program will be recorded for viewing again/or at a later time. Registration for this program is required.

### **Program Highlights:**

- Special COVID-19 stressors for hospital, EMS and other First Responders
- Typical and atypical reactions
- Burn Out, Person/Role Conflict, Moral Injury and Secondary Traumatic Stress
- Impact on morale, team cohesion, and performance
- Task Saturation and Operational Stress
- Operational Stress Control: Strategies and techniques for coping
- Building personal and organizational resilience
- Sources of support of self and family

**Instructor:** Steve Crimando is the Director of Training for the Disaster & Terrorism Branch in the New Jersey Department of Human Services-Division of Mental Health and Addiction Services. With 30 years of experience in the field, Mr. Crimando helped coordinate the behavioral health response to the 9/11 and 1993 World Trade Center attacks, as well as New Jersey's anthrax screening center and other disasters and acts of international terrorism.

**SEPTEMBER 11<sup>TH</sup> @ 1PM:** [https://us02web.zoom.us/webinar/register/WN\\_pLRXIIQESz-Sz0IH00O2Q](https://us02web.zoom.us/webinar/register/WN_pLRXIIQESz-Sz0IH00O2Q)

**SEPTEMBER 17<sup>TH</sup> @ 1PM:**  
[https://us02web.zoom.us/webinar/register/WN\\_NUmKwXPiSYWIBTQGiMvX2Q](https://us02web.zoom.us/webinar/register/WN_NUmKwXPiSYWIBTQGiMvX2Q)